

Trainingsweek 19 augustus - 23 augustus																																																
Maandag	10	15	30	45	11	15	30	45	12	15	30	45	13	15	30	45	14	15	30	45	15	15	30	45	16	15	30	45	17	15	30	45	18	15	30	45	19	15	30	45	20	15	30	45	21	15	30	
Veld 1ab			Corner																																													
Veld 1cd																																																
Veld 2ab																																																
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Veld 3ab																																																
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Veld 4																																																
Eten																																																
Dinsdag	10	15	30	45	11	15	30	45	12	15	30	45	13	15	30	45	14	15	30	45	15	15	30	45	16	15	30	45	17	15	30	45	18	15	30	45	19	15	30	45	20	15	30	45	21	15	30	
Veld 1ab																																																
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Woensdag	10	15	30	45	11	15	30	45	12	15	30	45	13	15	30	45	14	15	30	45	15	15	30	45	16	15	30	45	17	15	30	45	18	15	30	45	19	15	30	45	20	15	30	45	21	15	30	
Veld 1ab																																																
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Donderdag	10	15	30	45	11	15	30	45	12	15	30	45	13	15	30	45	14	15	30	45	15	15	30	45	16	15	30	45	17	15	30	45	18	15	30	45	19	15	30	45	20	15	30	45	21	15	30	
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Vrijdag	10	15	30	45	11	15	30	45	12	15	30	45	13	15	30	45	14	15	30	45	15	15	30	45	16	15	30	45	17	15	30	45	18	15	30	45	19	15	30	45	20	15	30	45	21	15	30	
Veld 1ab																																																
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¹ Zie inschrijfformulier op de website en in de app om je aan te melden voor 1 of 2 clinics.

Verdieping schema woensdag 21 augustus

	Veld 1-water			Clubhuis / Terras	
	1AB (stormbaan)	2 AB (knotshockey)	Veld 4 (lacrosse)		
	Clinic 1	Clinic 2	Clinic 3		
10.00 - 10.20	JO12-1				10.00 - 10.20
10.20 - 10.40	JO12-2	JO12-1			10.20 - 10.40
10.40 - 11.00	JO12-3A	JO12-2	JO12-1		10.40 - 11.00
11.00 - 11.20	JO12-3B	JO12-3A	JO12-2	JO12-1 (snack)	11.00 - 11.20
11.20 - 11.40		JO12-3B	JO12-3A	JO12-2 (snack)	11.20 - 11.40
11.40 - 12.00	MO12-1		JO12-3B	JO12-3A (snack)	11.40 - 12.00
12.00 - 12.20	MO12-2	MO12-1		JO12-3B (snack)	12.00 - 12.20
12.20 - 12.40	MO12-3A	MO12-2	MO12-1		12.20 - 12.40
12.40 - 13.00	MO12-3B	MO12-3A	MO12-2	MO12-1 (snack)	12.40 - 13.00
13.00 - 13.20	MO12-4A	MO12-3B	MO12-3A	MO12-2 (snack)	13.00 - 13.20
13.20 - 13.40	MO12-4B	MO12-4A	MO12-3B	MO12-3A (snack)	13.20 - 13.40
13.40 - 14.00		MO12-4B	MO12-4A	MO12-3B (snack)	13.40 - 14.00
14.00 - 14.20	MO14-3		MO12-4B	MO12-4A (snack)	14.00 - 14.20
14.20 - 14.40	MO14-4	MO14-3		MO12-4B (snack)	14.20 - 14.40
14.40 - 15.00	MO14-5	MO14-4	MO14-3		14.40 - 15.00
15.00 - 15.20	MO14-6	MO14-5	MO14-4	MO14-3 (snack)	15.00 - 15.20
15.20 - 15.40	JO14-4	MO14-6	MO14-5	MO14-4 (snack)	15.20 - 15.40
15.40 - 16.00	JO14-3	JO14-4	MO14-6	MO14-5 (snack)	15.40 - 16.00
16.00 - 16.20		JO14-3	JO14-4	MO14-6 (snack)	16.00 - 16.20
16.20 - 16.40			JO14-3	JO14-4 (snack)	16.20 - 16.40
16.40 - 17.00				JO14-3 (snack)	16.40 - 17.00